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# Introduction to Lighting Systems and Controls

Course No. ENRG 54

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## Outline

### A. Introduction to fundamentals of lighting

- Lighting terminology
- Physics and principles of lighting
- Units of measurement
- Vision and colors
- Ambient, directional and task lighting
- Over- and under-illuminance

### B. Lighting systems

- Components
- Types of lamps
- Ballasts
- Lamp comparison matrix
- Types of lighting luminaires and intensities
- Energy efficiency measures (EEMs)

### C. Lighting controls

- Basic concepts of effectiveness of lighting control
- Types and appropriate applications of lighting controls
- Lighting control equations
- Energy efficiency measures (EEMs)

### D. Additional EEMs

- De-lamping
- Scotopic lighting
- Task and ambient light levels
- Circadian rhythms

### E. Lighting measurements

- Tools
- Data loggers and applications

### F. Lighting calculations

- Equation and method of calculating lumens (zonal cavity formula)
- Equation and method of calculating energy savings
- Method of calculating skylight energy savings

### G. Lighting standards, codes and regulations

- Underwriters' Laboratory (UL)
- Uniform Building Code (UBC)
- Americans with Disabilities Act (ADA)
- Title 24 applications

### H. O&M measures to assure optimal performance

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### 1. Lighting terminology

Luminous flux

Illuminance

Reflectance

Power

Efficacy

Lighting power density

Lamp life

Lumen depreciation

Correlated color temperature

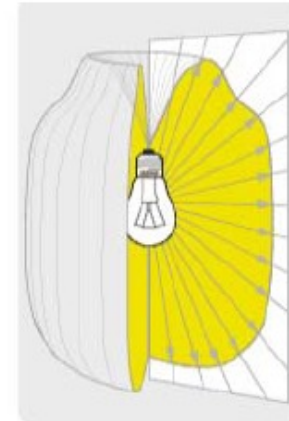
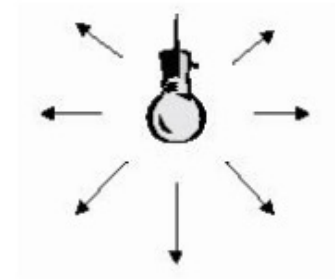
Color rendering index (CRI)

Ballast factor

# Luminous flux

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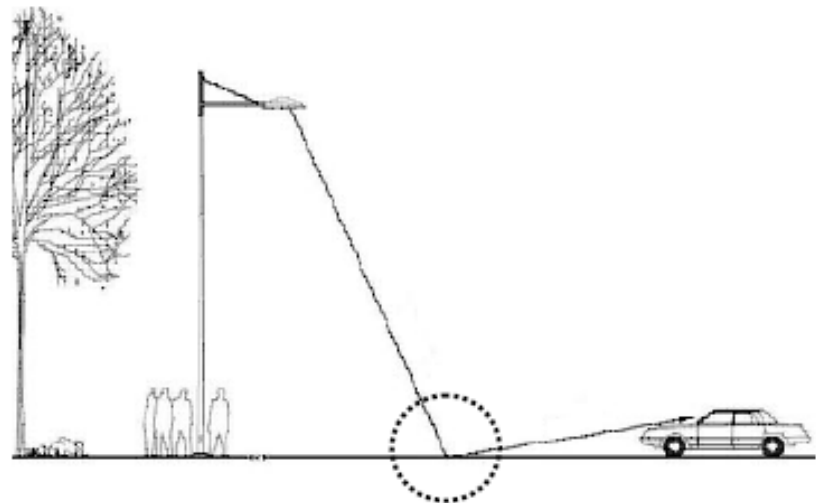
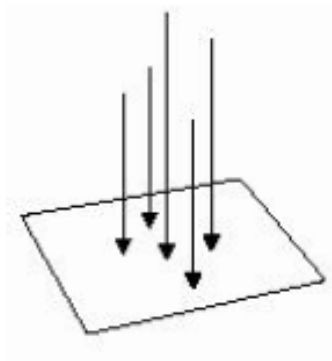
- Total amount of light emitted by a source in all directions
- Measured in **lumens**
- Used to rate the output of lamps



# Illuminance

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- The density of light (total luminous flux ) falling on a surface
- Requires an area unit
- Measured in lumens per ft<sup>2</sup> (*footcandles* or fcd)
- Also measured in SI: lux (lumens per meter<sup>2</sup>)

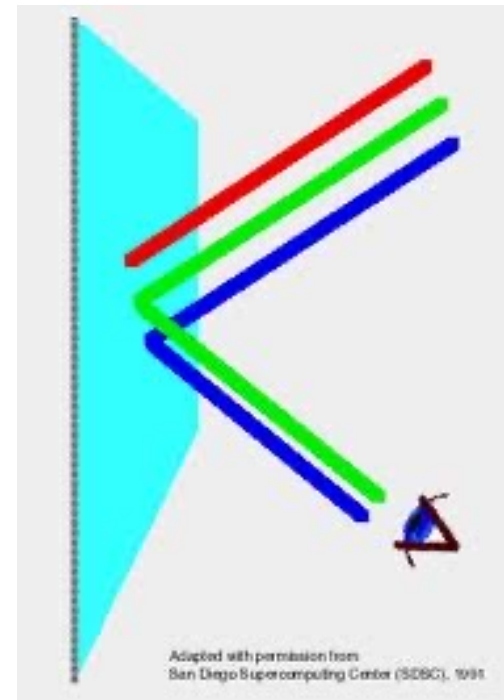
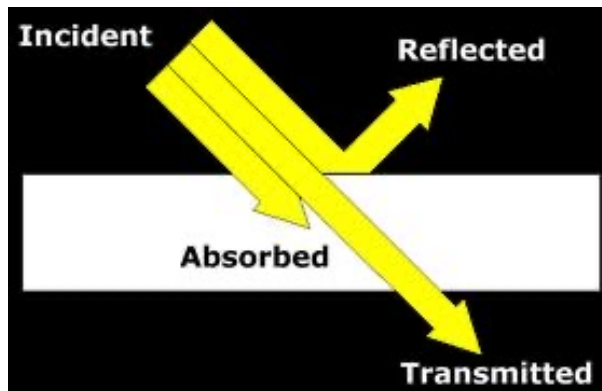


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# Reflectance

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- the fraction of incident light that is reflected at an interface





# Power

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- The rate at which energy is transferred, used, or transformed.
- Measured in joule per second (J/s), known as the **watt**.
- The rate at which a light bulb transforms electrical energy into heat and light is measured in watts.

$$P = I \cdot V$$

P : the power (watts)

V : the voltage drop (volts)

I : the current through (amperes)

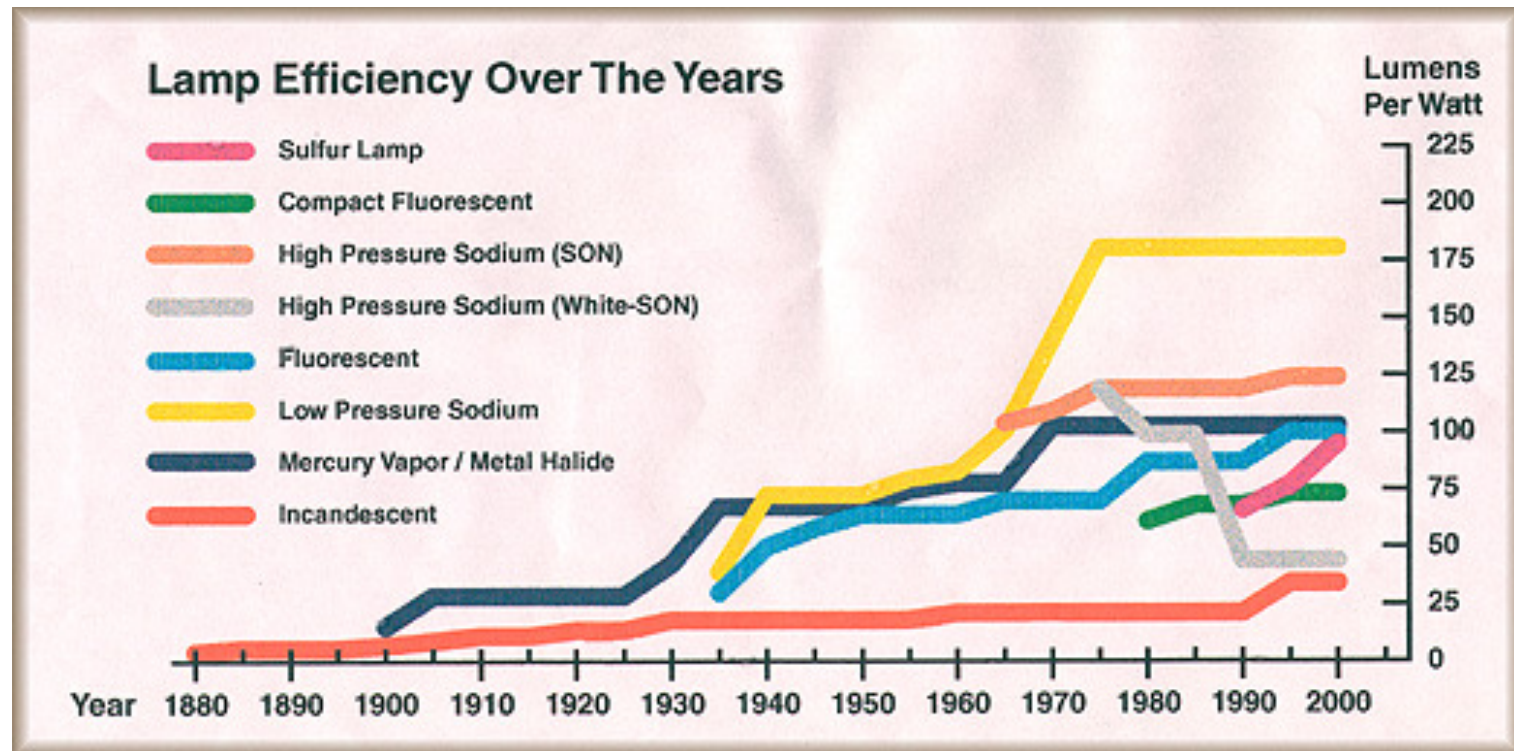
# Efficacy

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- A measure of lamp (and ballast) performance, or called the efficiency of light bulbs:
- unit **lumens/watt**
- A measure of how well a light source produces visible light
- Varies by lamp (and ballast) type

$$\frac{\text{Light output}}{\text{Power input}}$$

# Efficacy



<http://americanhistory.si.edu/lighting/tech/chart.htm>

# Lighting power density (LPD)

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- A measure of the power intensity of lighting systems
- $$\frac{\text{lighting power}}{\text{the area of a room}}$$
- Measured in watts/sf<sup>2</sup>
- Energy code provides limits by space use or building type

Exercise: a 34 ft X 50 ft classroom installed 20 lighting fixtures, each with 85 input watts. Calculate LPD in this room.

# Lighting power density (LPD)

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Exercise: a 34 ft X 50 ft classroom installed 20 lighting fixtures, each with 85 input watts. Calculate LPD in this room.

Answer:

$$\frac{\text{lighting power}}{\text{the area of a room}} = \frac{85 \times 20}{34 \times 50} = \frac{1700}{1700} = 1 \text{ watt/sf}^2$$

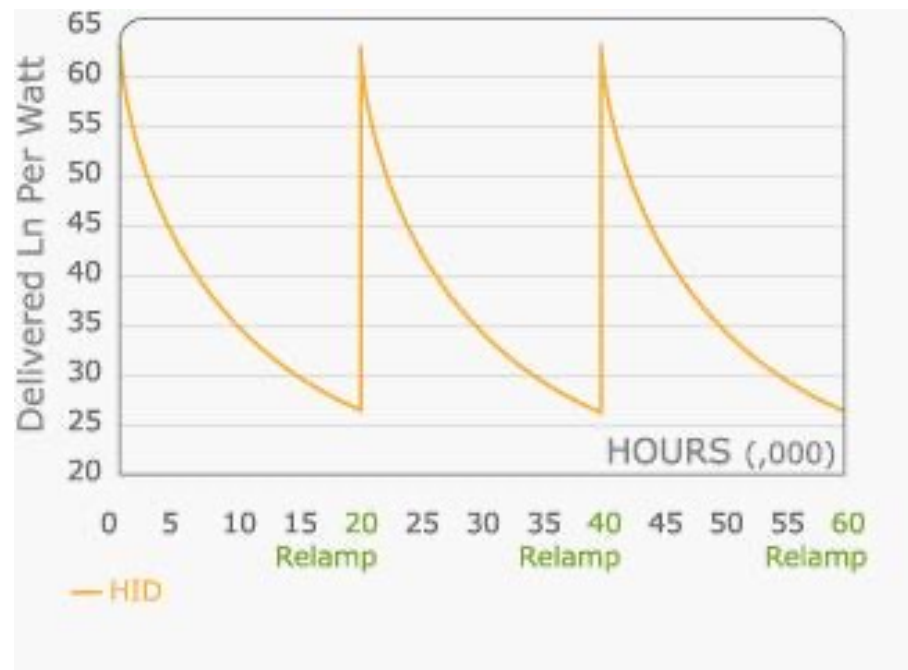
# Lamp life

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- Total operating time that  $\frac{1}{2}$  of test set remains burning
- Tested under consistent temperatures and time/start
  - 77°F
  - 3 hrs/start for fluorescents
  - 10 hrs/start for HID sources
  - 12 hrs/start data available from some manufacturers
- Measured in **hours**

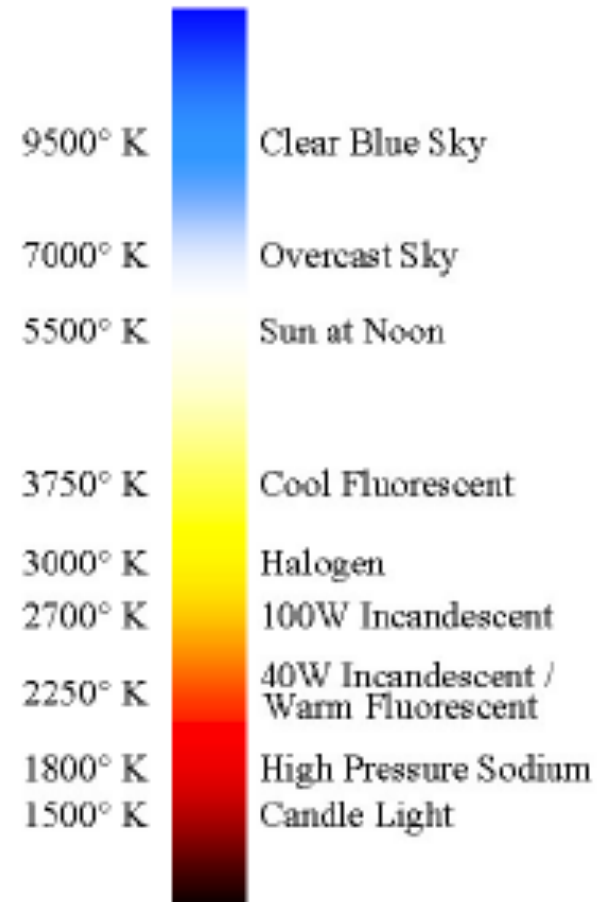
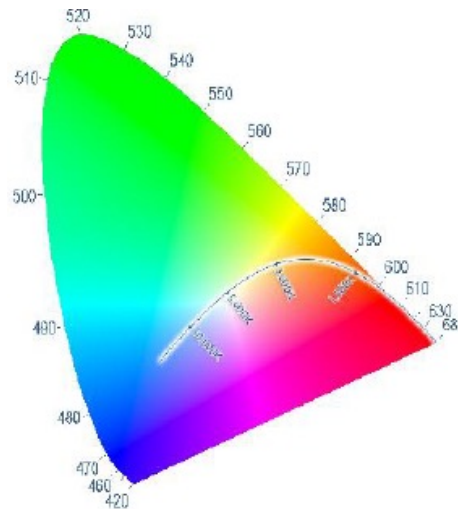
# Lamp Lumen depreciation (LLD)

- Given as a percentage of initial lumens
- Describes the decrease in output of a lamp during its operable life
- Factors include lamp aging and dirt accumulation



# Correlated color temperature (CCT)

- Used to describe the color appearance of white light source
- Measurement of coolness or warmness of a light source
- Unit in degrees Kelvin ( $^{\circ}\text{K}$ )





# Color rendering index (CRI)

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- A measure of how well a light source renders colors when compared to a reference source of the same CCT
- reference source depends on CCT
- 0-100 point scale
- reference website: [http://en.wikipedia.org/wiki/Color\\_rendering\\_index](http://en.wikipedia.org/wiki/Color_rendering_index)



80 – 100 CRI



60 - 75 CRI



0 - 20 CRI

# Ballast factor

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- Lamp lumen ratings are determined under controlled test conditions on a reference ballast with a default ballast factor of 1.0
- used to describe ballast that under- or over-drives lamps

# Energy Star Key Efficiency Criteria:

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Characteristics	Minimum Requirement
Light Output	Non-directional luminaires : $\geq 800$ lumens, or $\geq 450$ lumens for fixtures with three sources or mores. Directional fixtures: $\geq 125$ lumens/foot for undercabinet, 200 lumens/foot for cove mount, 345 or 575 for downlights, 200 lumens/head for accent lights, 300 lumens for outdoor post-mounted luminaires.
Source Efficacy (non-directional luminaires)	$\geq 65$ lm/W; $\geq 70$ lm/W after September 2013
Luminaire Efficacy (directional luminaires)	Dependent on fixture type/application starting at $\geq 29$ lm/W
Power Factor	Residential: $\geq 0.5$ ; Commercial: $\geq 0.9$ ; Solid state residential with input power; greater than 5 watts: $\geq 0.7$
Correlated Color Temp.	Lamps shipped with luminaires shall have one of the following nominal correlated color temperatures (CCT): 2700K, 3000K, 3500K, 4000/4100K, 5000K (commercial only)
Color Rendering Index	$R_a \geq 80$
Light Source Life	Fluorescent and HID: $\geq 10,000$ hours; Halogen incandescent: $\geq 2,500$ hours; Solid state (LED): $\geq 25,000$ residential or $\geq 35,000$ commercial

Useful resource:

Energy star product list:

<http://downloads.energystar.gov/bi/qplist/Light%20Fixtures%20Product%20List.pdf?b207-e461>

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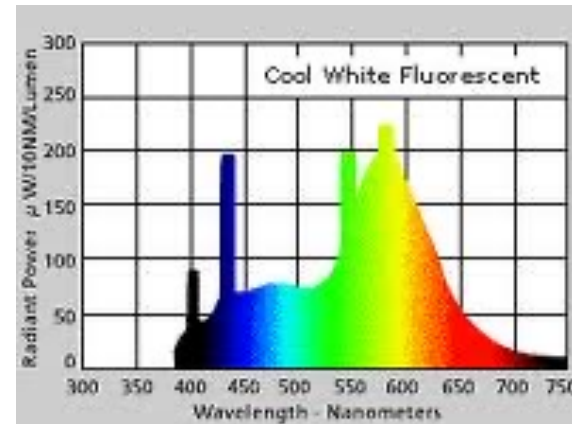
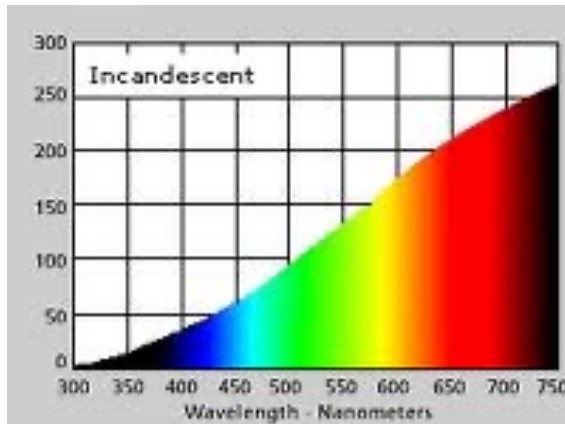
### 2. Physics and principles of lighting

- Spectral power distribution
- Inverse square law

# Spectral power distribution

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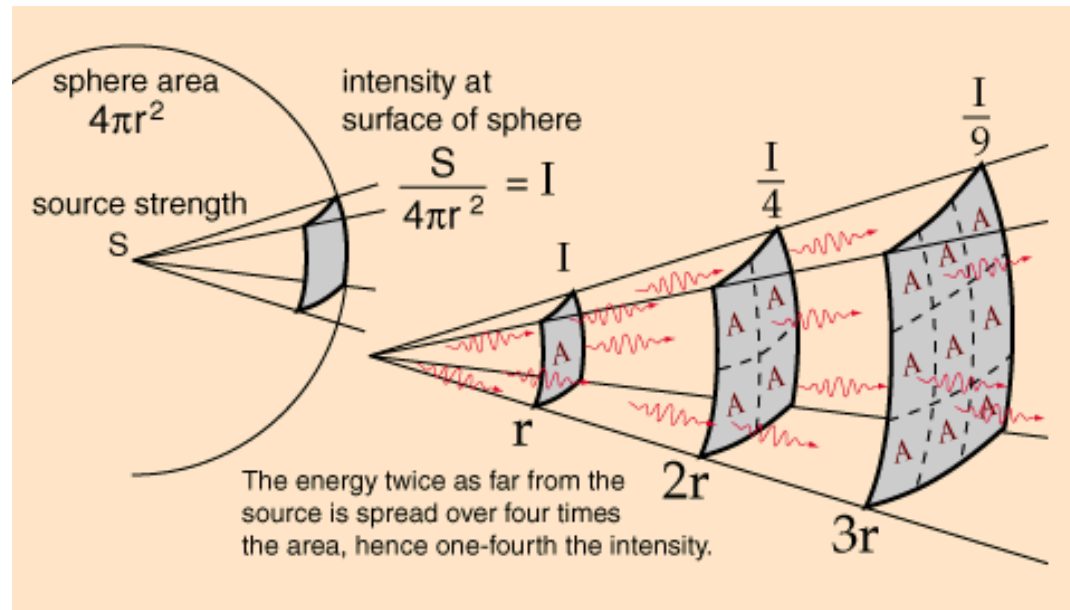
- Describes the power per unit area per unit wavelength of an illumination
- Can be measured by a spectrophotometer



# Inverse square law

- Light intensity is inversely proportional to the square of the distance from the source.

$$\text{Intensity} \propto \frac{1}{\text{distance}^2}$$





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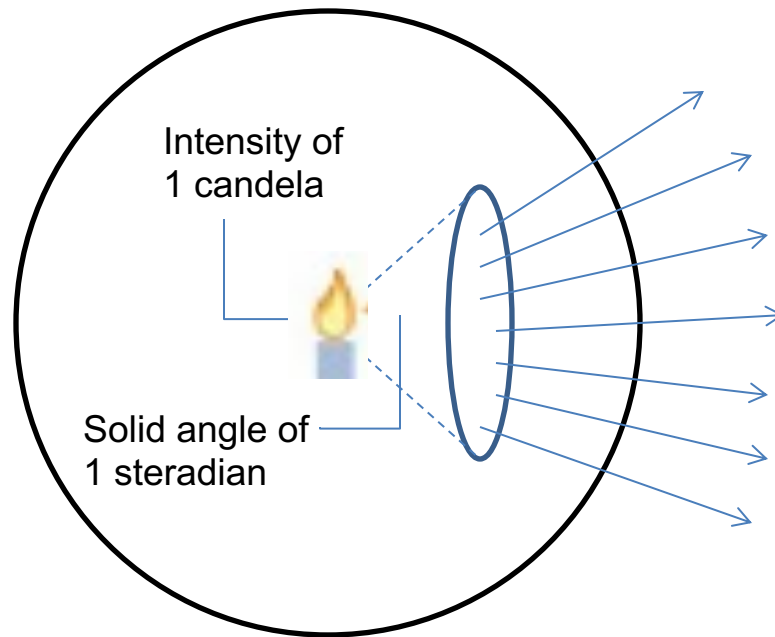
### 3. Units of measurement

- a. Lumen
- b. Foot-candle
- c. Power (wattage)
- d. kWh

# Lumen (symbol: lm)

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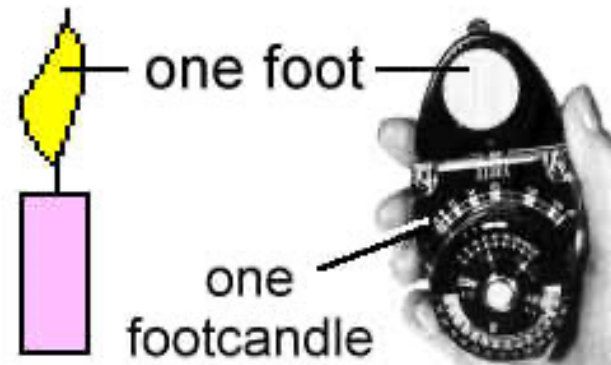
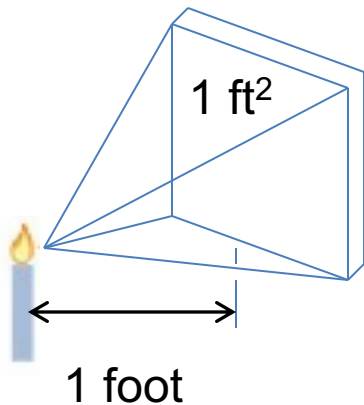
- SI unit of luminous flux
- total light output from a light source
- $1 \text{ lm} = 1 \text{ cd} \cdot \text{sr}$



# Footcandle (fc)

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- Density of light incident on a surface
- Surface can be real or imaginary
- US Unit is *footcandle (fc)* – Lumen per square foot
- SI Unit is *lux (lx)* – Lumen per square meter



# Power (wattage)

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- The rate at which a light source transforms electrical energy into heat
- Measured in watts

 9 Watts	=	 40 Watts	 14 Watts	=	 60 Watts
 19 Watts	=	 75 Watts	 23 Watts	=	 100 Watts
 32 Watts 3-Way	=	 150 Watts 3-Way	 30 Watts	=	 120 Watts
 3 Watts	=	 15 Watts	 9 Watts	=	 40 Watts

<http://www.nvisioncfl.com/watt-equivalent.aspx>

# Kilowatt hour (kWh)

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- A unit of energy
- one kilowatt (1 kW) of power expended for 1 hr of time
- $kWh = Watts * Time (hrs) / 1000$

## Exercise:

A parking lot has 10 street lamps which are turned on 12 hours per day everyday. Each streetlamp uses 250 W HPS. Calculate the current annual total kWh. Calculate the energy saving if each lamp was changed to a 53 W LED.



# Kilowatt hour (kWh)

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## Exercise:

A parking lot has 10 street lamps which are turned on 12 hours per day everyday. Each streetlamp uses 250 W HPS. Calculate the current annual total kWh. Calculate the energy saving if each lamp was changed to a 53 W LED.

## Answer:

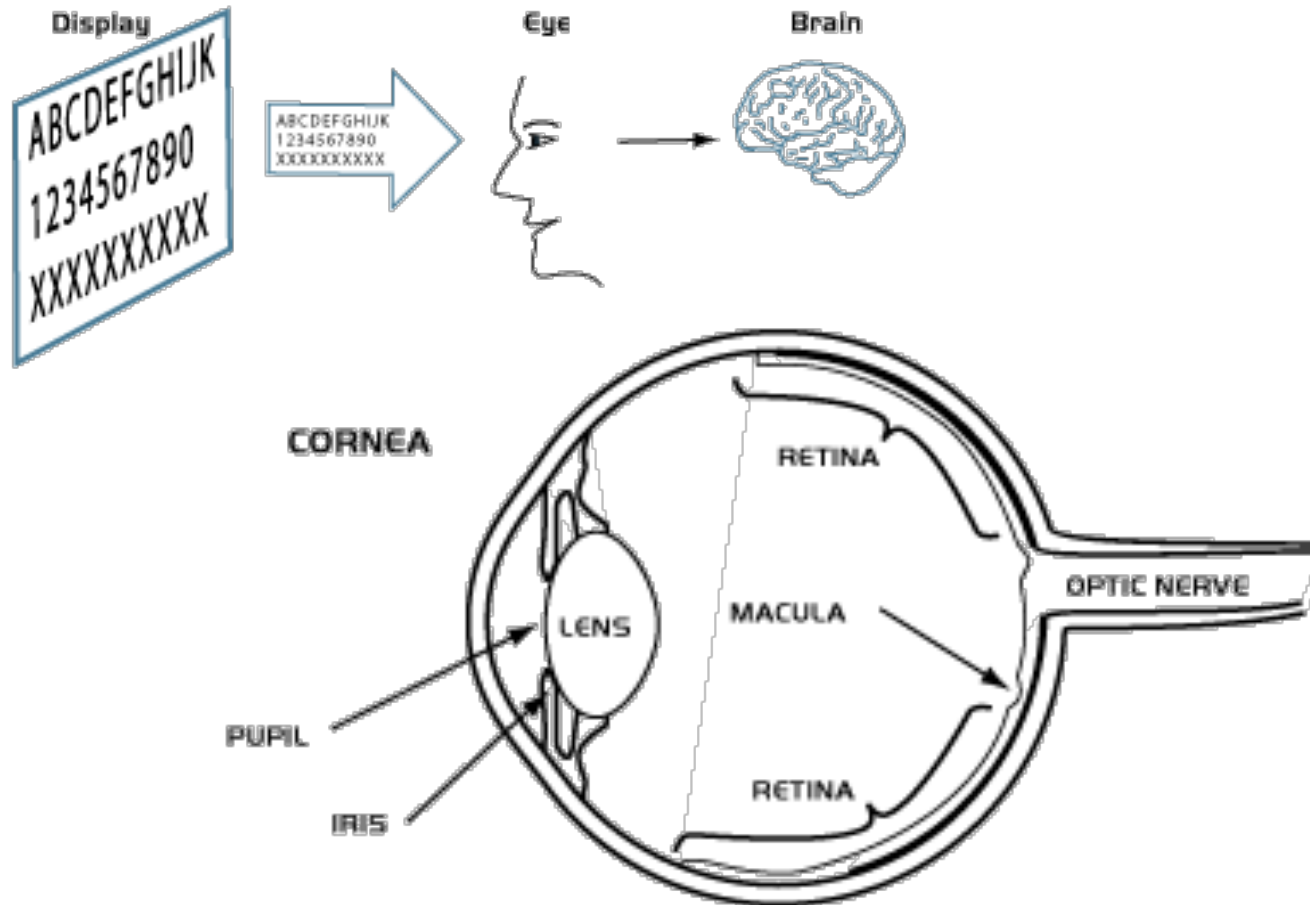
- $\text{kWh of 1 HPS per day} = 250 \text{ W} * 12 \text{ hr} / 1000 = 3 \text{ kWh}$   
 $\text{kWh of 10 HPS per year} = 3 \text{ kWh} * 10 * 365 = 10960 \text{ kWh}$
  - $\text{kWh of 1 LED per day} = 53 \text{ W} * 12 \text{ hr} / 1000 = 0.636 \text{ kWh}$   
 $\text{kWh of 10 LED per year} = 0.636 \text{ kWh} * 10 * 365 = 2321.4 \text{ kWh}$   
 $\text{energy saving} = 10960 - 2321.4 = 8628.6 \text{ kWh}$
- Or energy saving = watts saved per lamp \* 12 hr \* 10 \* 365/1000  
 $= (250-53) * 12 * 10 * 365/1000 = 8628.6 \text{ kWh}$

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# Structure of eye

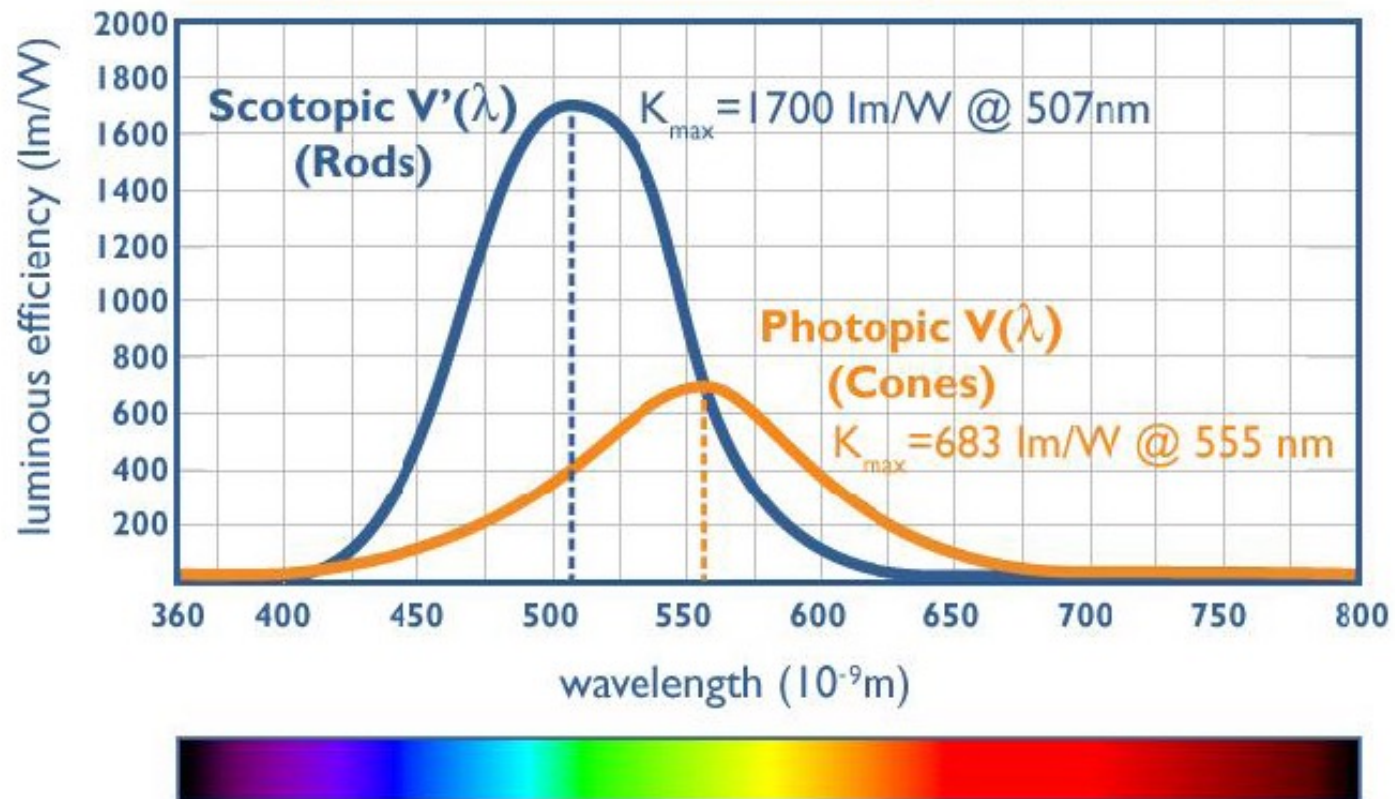


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# Spectral Luminous Efficiency

## Luminous Efficiency

Spectral Luminous Efficiency:  $V(\lambda)$  &  $V'(\lambda)$



# Structure of eye

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- “Seeing” is the perception of light that reaches the photoreceptors in retina.
- Two sets of photoreceptors:
  - **rods**, active at low light levels  
100 million per eye  
sensitive to motion
  - **cones**, active at high light levels  
8 million per eye  
3 types provide color vision:  
short, middle, long



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# Scotopic/Photopic Spectrally enhanced

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“ The theory behind spectrally enhanced lighting is that, for the same amount of light output (measured with a standard luminance meter), lamps with a higher correlated color temperature (CCT) will appear brighter than those with lower CCT. Thus, energy can be saved because the actual light output of the higher CCT lamps can be decreased, while maintaining perceived brightness and visual acuity relative to lower CCT lamps.”

From “ Spectrally Enhanced Lighting Program Implementation for Energy Savings: Field Evaluation”, prepared by Pacific Northwest National Laboratory, funded by DOE

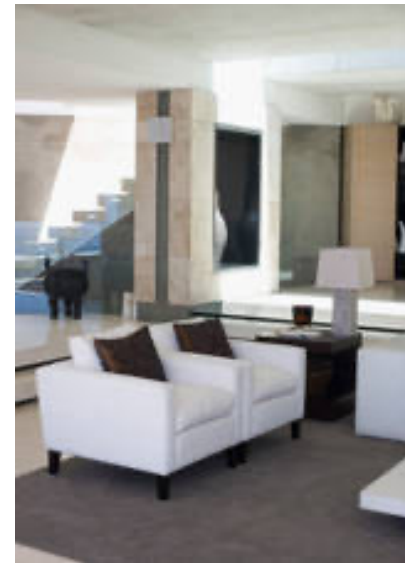
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# Ambient lighting

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- sources of light already available naturally
- illumination generally comes from all directions that has no visible source
- contrast to directional lighting



# Directional lighting

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- Lighting travels in a specific direction
- Provides illumination on a work plane or an object.



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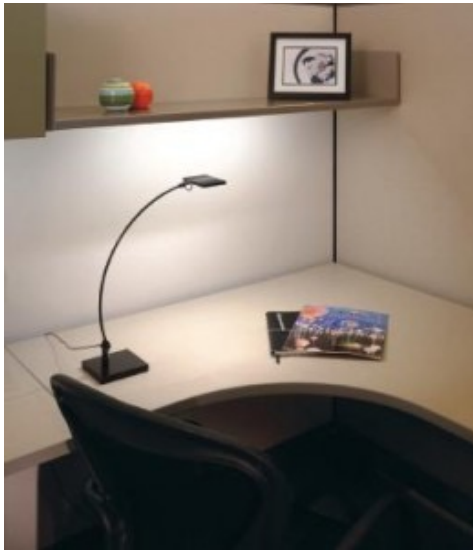
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# Task lighting

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- Often refers to office lighting
- Used to increase illuminance on the reading or working area





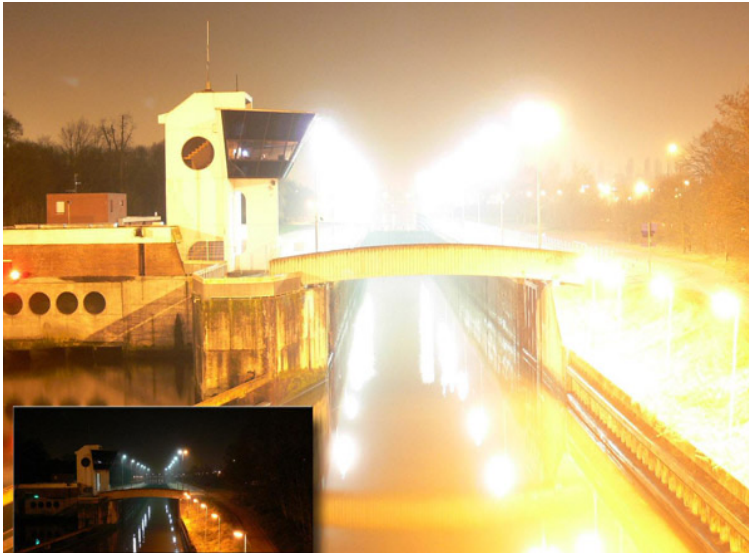
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# Over-illuminance

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- Light intensity beyond what is required for a specified activity
- Glare is an indication of over-illumination
- Is a significant waste of energy



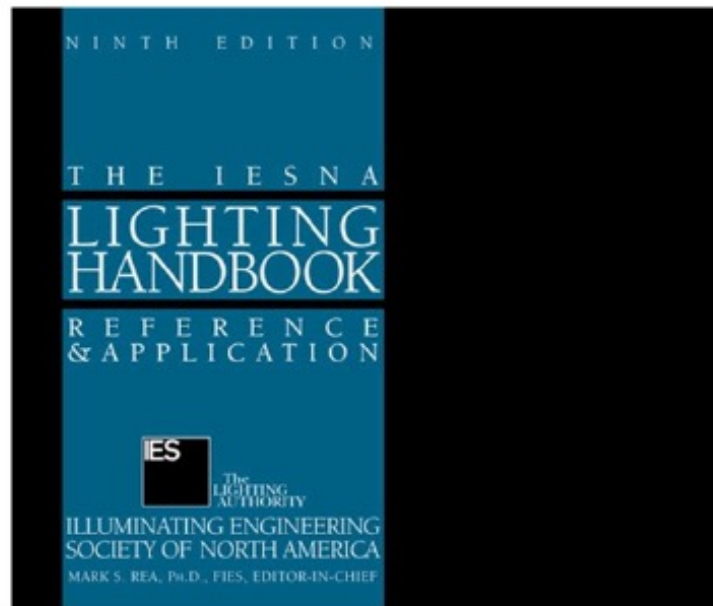
# Under-illuminance

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- Light intensity too low to get job done efficiently



# Lighting design guide



*Orientation and simple visual tasks.* Visual performance is largely unimportant. These tasks are found in public spaces where reading and visual inspection are only occasionally performed. Higher levels are recommended for tasks where visual performance is occasionally important.

A	Public spaces	30 lx (3 fc)
B	Simple orientation for short visits	50 lx (5 fc)
C	Working spaces where simple visual tasks are performed	100 lx (10 fc)

*Common visual tasks.* Visual performance is important. These tasks are found in commercial, industrial and residential applications. Recommended illuminance levels differ because of the characteristics of the visual task being illuminated. Higher levels are recommended for visual tasks with critical elements of low contrast or small size.

D	Performance of visual tasks of high contrast and large size	300 lx (30 fc)
E	Performance of visual tasks of high contrast and small size, or visual tasks of low contrast and large size	500 lx (50 fc)
F	Performance of visual tasks of low contrast and small size	1000 lx (100 fc)

*Special visual tasks.* Visual performance is of critical importance. These tasks are very specialized, including those with very small or very low contrast critical elements. Recommended illuminance levels should be achieved with supplementary task lighting. Higher recommended levels are often achieved by moving the light source closer to the task.

G	Performance of visual tasks near threshold	3000 to 10,000 lx (300 to 1000 fc)
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# BEST Center Curricula, Resources & Recordings

## Academic Programs

Georgia Piedmont Technical College - Building Automation Systems

Milwaukee Area Technical College - Sustainable Facilities Operations

Laney College - Commercial HVAC Systems

City College San Francisco - Commercial Building Energy Analysis & Audits

## Professional Development Materials, Presentations & Videos

National Institutes

Building Automation Systems Instructor Workshops

Webinars (e.g., BEST Talks)

## Faculty Profile Videos

## Reports & Case Studies

## Marketing Resources

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